"What a man accomplishes in a day depends upon the way in which he approaches his tasks. When we accept tough jobs as a challenge. . . and wade into them with joy and enthusiasm, miracles can happen. When we do our work with a dynamic conquering spirit, we get things done." - Arland Gilbert

"Zeal will do more than knowledge." -William Hazlitt, early 18th-century English essayist and literary critic

#### **WEEK 24**

"Hope is the struggle of the soul, breaking loose from what is perishable, and attesting her eternity." - Herman Melville

"Everybody thinks of changing humanity and nobody thinks of changing himself." - Leo Tolstoy

"After climbing a great hill, one only finds that there are many more hills to climb." - Nelson Mandela

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it is the only thing that ever has." - Margaret Mead

"The conclusions of passion are the only reliable ones." - Soren Kierkegaard, early 19th-century Danish philosopher

#### **WEEK 25**

"Be the kind of person that you want people to think you are." - Socrates

"Whatever you would make habitual, practice it; and if you would not make a thing habitual, do not practice it, but habituate yourself to something else." - Epictetus ("How the Semblances of Things are to be combated," Chap. xviii)

"The way to love anything is to realize that it might be lost." - Gilbert K. Chesterton

"What is important is not what happens to us, but how we respond to what happens to us." - Jean-Paul Sartre

"Everything that is done in the world is done by hope." - Martin Luther

## WEEK 26

"Unethical practices are always selfdestructive over the long run, on both a personal and an organizational level." -Tom Morris

"If you are neutral in a situation of injustice, you have chosen the side of the oppressor. If an elephant has his tail on the foot of a mouse, and you say you are neutral, the mouse will not appreciate your neutrality." - Desmond Tutu

"If it was necessary to tolerate in other people everything that one permits in oneself, life would be unbearable." - Georges Courteline

"Weakness of attitude becomes weakness of character." - Albert Einstein

"I'm an idealist. I don't know where I'm going but I'm on the way." - Carl Sandburg

## **WEEK 27**

"Character Education helps to create an environment for caring and learning in schools."- Thomas Lickona

"Of all the properties that belong to honorable men, not one is so highly prized as character." - Henry Clay

"In any moment of decision, the best thing you can do is the right thing." - Teddy Roosevelt

"Ideals are like stars; you will not succeed in touching them with your hands. But like the seafaring man on the desert of waters, you choose them as your guides, and following them you will reach your destiny." - Carl

Schurz, 19th-century German-American politician

"There is no such thing as bad weather, only different kinds of good weather." - John Ruskin, 19th-century British critic and author

## **WEEK 28**

"Your personality is what you are in front of people; your character is who you are when nobody else is looking." - Mary Levy

"The life you live is the life you teach." - Anonymous

"A lie has speed, but truth has endurance."
- Edgar J. Mohn

"If you add to the truth, you subtract from it." - The Talmud

"Character is that which is left even when hope is gone." - Anonymous

#### **WEEK 29**

"The purpose of life is to live a life of purpose." - Robert Byrne

"We are the heroes of our story." - Anonymous

"What the teacher is, is more important than what he teaches." - Karl Menninger

"An overdose of praise is like 10 lumps of sugar in coffee; only a very few people can swallow it." - Emily Post

"The pursuit of truth will set you free — even if you never catch up with it." - Clarence Darrow

# **WEEK 30**

"Respect is the thread that weaves throughout all human encounters." - Anonymous

"The greatest reward is not what we receive for our labor, but what we become by it." -John Ruskin

"The happiness of our life can depend on the character of our thoughts." -Anonymous

"We must not promise what we ought not, lest we be called on to perform what we cannot." - Abraham Lincoln

"The truth is not always the same as the majority decision." - Pope John Paul II

#### **WEEK 31**

"It is hard to make your adversaries real people unless you recognize yourself in them—in which case, if you don't watch out, they cease to be adversaries." - Flannery O'Connor

"The gift our enemy may be able to bring us: to see aspects of ourselves that we cannot discover any other way than through our enemies. Our friends seldom tell us these things; they are our friends precisely because they are able to overlook or ignore this part of us. The enemy is thus not merely a hurdle to be leaped on the way to God. The enemy can be the way to God. We cannot come to terms with our shadow except through our enemies." - Walter Wink (from Engaging the Powers)

"All wars are civil wars, because all men are brothers. Each one owes infinitely more to the human race than to the particular country in which he was born." - François Fenelon

"As scarce as truth is, the supply has always been in excess of the demand." -Josh Billings (Henry Wheeler Shaw), 19thcentury American humorist

A promise made is a debt unpaid." - Robert W. Service (in "The Cremation of Sam McGee," 1907)

WEEK 32

"There is no greater crime than to stand between a man and his development; to take any law or institution and put it around him like a collar, and fasten it there, so that as he grows and enlarges, he presses against it till he suffocates and dies." -Henry Ward Beecher

"But rules cannot substitute for character."

— Alan Greenspan

"A society based on the letter of the law and never reaching any higher, fails to take advantage of the full range of human possibilities. The letter of the law is too cold and formal to have a beneficial influence on society. Whenever the tissue of life is woven of legalistic relationships, this creates an atmosphere of spiritual mediocrity that paralyzes men's noblest impulses.... After a certain level of the problem has been reached, legalistic thinking induces paralysis; it prevents one from seeing the scale and the meaning of events." - Alexander Solzhenitsyn (1918-; Russian writer, Soviet Union dissident)

"The value of life is not in the length of days, but in the use we make of them; a man may live long yet very little." - Michel de Montaigne, 16th-century French man of letters and essayist

"We cannot do everything at once, but we can do something at once." - Calvin Coolidge

**Attributions** - Games and activities included in this seminar have been adapted from the following sources:

Tom Jackson, Still More Activities That Teach www.activelearning.org

CHARACTER COUNTS! CDS Training Manual www.charactercounts.org

Good Ideas Book, CHARACTER COUNTS!

Gary Smit and Kay Augustine, <u>Living the Four-Way Test – The Rotary Ethical Leadership</u> Framework for Youth

Miguel Kagan Higher Level Thinking Skills for Personal and Social Skills

www.KaganOnline.com

Garajan, Thiagi. Thiagi's 100 Favorite Games. Pfeiffer. The Thiagi Group <u>www.thiagi.com</u> Pfeiffer's Classic Activities for Building Better Teams, John Wiley & Sons, Inc.

# For more ideas on character educationwww.forcharacter.com

How to Implement an Initiative

What is CHARACTER COUNTS!?

What Do We Believe About Character Education?

11 Principles of Effective Character Education

What Works in Character Education

Summing Up the Case for Values Education

Promoting Integrity and Preventing Academic Dishonesty

What Can Schools and Communities Do?

Action Plan .

Code of Ethics for Teachers

How To Teach the Six Pillars of Character

Integrating Character Education Into Your School

Administrator Standards for Character Education

Role of Administrators

Role of Teacher

Role of Other Certified Staff

Role of Support Staff

Role of Students

Assessment Survey

Evaluation as a Measurement of Success

# Integration Into the Life of a School

100 Ways to Promote Character Education

Spectator Guideline Card

Discipline Referral Form

Character Building Stories

Readiness Checklist for Schools

Ideas for School Activities and Programs

Connecting Character With State Standards

Moving From Words to Action

School Implementation Rubric

Teacher Implementation Rubric

Collection of Character Quotes

Quotation Discussion Guide

Matrix of Middle School Activities

Matrix of Elementary School Activities
Classroom Strategies to Teach Character and Academics at the Same Time
Integrating CHARACTER COUNTS! at the Secondary Level
Lesson Plan Bank
Integrate CHARACTER COUNTS! Into Your Curriculum
Ideas for School Activities and Programs
Children's Books That Build Character
Video Resources - http://www.forcharacter.com/video resources.htm
What Can Parents Do?
20 Strategies to Help Children Develop Character
Parent Guide

Dr. Gary M. Smit gsmit@forcharacter.com