

Occupational Therapy's Favorite Commercially Available Games & Activities

Visual Motor & Fine

Motor

Magna Doodle
card games
Pictionary Jr.
fuse beads
fishing game
easy crafts
art sets
Zap It
Operation
Lite Brite
Learn-to-Draw books
Pick-Up Sticks
Bed Bugs
Ants in the Pants
pop beads
paper airplanes
models / kits
clay, play-doh
"gak" "foam" "smud"
Legos, Erector Sets, K'nex
cat's cradle
Jacks
Stretch Armstrong
marbles
magnets
Jenga
easels, chalkboards
collage sets
Domino Rally
activity books – mazes, dot to
dots, tracing

Visual Perceptual / Ocular

Skills

Simon
Where's Waldo
I Spy Books
Squiggles
Perfection
word search books
jigsaw puzzles
Lego set (follow a model)
Erector set (follow a model)
K'Nex (follow a model)
Tanagrams
Fuse / pony bead patterns
cat's cradle
craft kits (follow illustrations)

Gross Motor / Bilateral

Coordination

Zoom Ball
Stretch Armstrong
stilts
Moon Hopper
large play ball
frisbee
scarf juggling
t-ball
chin-up bar
badminton
Twister
hula hoops
hopscotch
jump rope
Skip It
Velcro Nerf Football
basketball
tetherball
Koosh Balls
Toss Across
Chicken Limbo
Sock'em Boppers